

## JOB STRESS OF THE STAFF NURSES

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### ABSTRACT

Stress is intense, continuous and repeated, it becomes a negative phenomenon or Distress which can lead to physical illness and psychological disorders. With this intention a study was conducted to assess the level of stress among staff Nurses working in multispecialty hospital, Chennai. Descriptive study design was adopted to assess the level of the stress. By Non Probability convenient sampling technique 60 samples were selected. Findings revealed that Out of 60 samples 39 (65.00%) had Mild stress, 21 (35.00%) had moderate stress.

**KEYWORDS:** Motivating Factor, Monthly Income, Staff Nurses Working